

NASK FFSC

APRIL 2024

Mon	Tues	Wed	Thurs	Fri
1 CAAPM Week SAPR Clothesline Project NASK FFSC Displayed All Month	2 Child Abuse/Neglect Awareness/Prevention Info Table at HQ Bldg 0900-1100	3 CAAPM/SAAPM Proclamation Signing & Child Abuse Awareness Garden NASK FFSC 1300-1500 Personal Property NASK FFSC 0900-1400	4 Child Abuse Awareness/Prevention Painting w/ Claudia NASK CDC 0900-1000 Parenting NASK FFSC 1300-1400 Capstone NASK FFSC by Appt	5 National Wear Blue Day Children Against Child Abuse Walk NASK FFSC 0900-1000 SAPR Administrative Unit Victim Advocate Trng/Binder Inspections NASK FFSC 1300-1600
8	9	10 Personal Property NASK FFSC 0900-1400 Conflict Management NASK FFSC 1300-1400	11 Capstone/Smooth Move NASK FFSC by Appt	12 MBMF Mod. 3 Living Core Values NASK FFSC 1430-1630
15 Month of the Military Child Week	16	17 Month of the Military Child Purple Up Day Personal Property NASK FFSC 0900-1400	18 FAP 101 NASK FFSC 1300-1400 Capstone NASK FFSC by Appt	19 SAPR Cup NASK Track Check-In: 0730 Start Time: 0800
22 SAAPM Week SAPR Teal Ribbon Trees NASK FFSC MBMF Mod. 1 Stress Resilience NASK FFSC 1400-1600	23 SAPR Teal Tuesday Wear Teal & Ribbons SAPR Sidewalk Chalk Event NASK FFSC 0900-1000	24 SAAPM Denim Day and Breakfast NASK FFSC 0700-You're Full Personal Property NASK FFSC 0900-1400	25 MBMF Mod. 5 Problem Solving NASK FFSC 1400-1600 SAPR Info Table at HQ Bldg 1100-1200 Capstone/Smooth Move NASK FFSC by Appt	26 SAPR Refresher Training NASK FFSC 0800-1600 Effective Communication NASK FFSC 1000-1100
29	30			

Notes

Emergencies, please call 911

FFSC Counselors are available for crisis intervention. Please call 361-516-6333 for more information on our counseling services or to make an appointment.

SAPR 24/7 services are available by calling:

NASK SARC: 361-533-0129

SAPR VA: 361-533-0454

NASCC SARC: 361-523-3580

DoD Safe Helpline: 877-995-5247

Please call 361-516-6333 to register for NASK FFSC Classes, Capstone, and Events, or to schedule classes at your Command!

Themes / Holidays / Observances

Month of the Military Child (MOMC)

Sexual Assault Awareness and Prevention Month (SAAPM)

Child Abuse Awareness and Prevention Month (CAAPM)

Alcohol Awareness Month

National Financial Literacy Month

National Deaf History Month - CMEQ

National Denim Day - April 24th 2024 (www.denimday.org)

Taxes

Counseling

World Autism Awareness Day - April 2nd

Gold Star Spouses Day - April 5th

Earth Day - April 22nd

Take Your Child to Work Day - April 25th

National Volunteer Appreciation Week (last week of April)



How to Register for Virtual Trainings on LMS

Step 1: Create an account at MyNavyFamily.com (NMCI use <https://learning.zeiders.refineddata.com>) at least one day before the scheduled webinar. Follow the on-screen instructions to create a new account *Be sure your time zone is correct*

Step 2: Click on "Live Webinars" at the top of the page to view the full list of offerings.

Step 3: Click on the title of a session to view the information and description.

Step 4: Click on "Register Now" to sign up for the course.



Additional Information

Transition Assistance Program (TAP) - If separating or retiring in the next 18-24 months, you MUST contact a Command Career Counselor (CCC) to schedule your TAP Class. Please contact Fleet and Family Support Center with TAP related questions. Contact your local CCC or transition POC to start the TAP process. Our next TAP class is scheduled for 06-10 May 2024.

Life Skills (Stress Management, Effective Communication, Conflict Management, Suicide Prevention, Anger Management, New Spouse Orientation, Coping Skills, Mind Body Mental Fitness (MBMF), and Parenting 101) - These classes are designed to provide participants with tools to increase resiliency, promote the importance of self-care, and serve as a gentle reminder to continue looking out for each other, our loved ones, and ourselves.

Questions regarding our NASK FFSC Calendar, to register for our in-person classes and events, or to schedule classes at your Command, please call 361-516-6333.



**NAS Kingsville FFSC
746 Rosendahl Street
Kingsville, TX 78363
361-516-6333
Hours of Operation
Monday-Friday: 0800-1630**