



NAS KINGSVILLE

READY ROOM

JAN 2019 • VOL 1, NO 4





Director's Corner

Wow, time sure does fly by when you are having fun in South Texas! The MWR Team would like to say "Thank You" for joining us this past year and making lasting memories: whether you stopped by Spinz for our top notch pizza, visited the Santiago Fitness Center for an intense workout, bowled a game or two, dropped off your child at CYP or took that trip with Community Recreation. "Thanks You". The previous year was a very busy one for MWR, featuring many programs and services, tours, special events, comedy shows, concerts, an Air Show and much more. Our team is excited to begin this year with a "Bang" and are looking forward to serving this beloved community, and continuing to provide great, quality programs and services throughout 2019.

What I like most about welcoming 2019, is it gives us a chance to reflect on the last year and look forward to a new beginning. This is a wonderful time for a fresh start, an opportunity to chart another exciting path, to create new chapters in our lives and MWR will be here for you. MWR kicked the year off right with our "Viva Las Vegas" New Year's Celebration and we started new fitness incentives to help you keep those New Year's Resolutions. Also be on the lookout for our annual Super Bowl party & a weekend camping trip to Garner State Park soon!

Ray "Fun Boss" Santiago

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MWR CONTACT LIST

FACILITY HOURS OF OPERATION

MWR ADMINISTRATION

Monday - Friday 0730-1600

MWR Director (361) 516-6386

Ray Santiago

Administrative Assistant (361) 516-6232

Phaedra Florea

Fax Line (361) 516-6195

NAF Personnel (361) 516-4388

Pauline Soto

Fax Line (361) 516-4966

Business Manager (361) 516-4387

Diane Moody

Accounting Techs

Laura Jo Crosnoe (361) 516-6275

Julie Reyes (361) 516-6734

Marketing Assistant (361) 516-6371

Krystal Emery

RECREATION AND HOSPITALITY

Hospitality Director (361) 516-6142

Daniel Rackley (361) 675-0076 cell

Stars & Strikes Bowling Center (361) 516-6196

Monday-Thursday 1100-2200

Friday-Saturday 1100-2300

Sunday CLOSED

SPINZ Restaurant (361) 516-6506

Monday-Thursday 0700-2100

Friday 0700-2200

Saturday 1100-2200

Sunday CLOSED

No-Fly Zone Bar (361) 516-4701

Tuesday-Thursday 1600-2300

Friday 1500-0000

Saturday 1700-0000

Sunday-Monday CLOSED

Line Shack (361) 516-6515

Monday-Friday 0700-1200

CHILD & YOUTH PROGRAMS

Child Development Center (361) 516-6176

Monday-Friday 0500-1900

Youth Activities Center (361) 516-6718

Call For Hours Of Operation (361) 516-4201 fax

CYP/CDC Director (361) 516-6569

Carmen Chapa

Training & Curriculum Specialist (361) 516-4394

Merenda Haynes

SAC/Youth Director (361) 516-6719

Natishia Carter

School Liaison Officer (361) 516-4366

Jeanie Alexander (361) 537-7595 cell

SPORTS, FITNESS & AQUATICS

Santiago Fitness Center (361) 516-6171

Monday-Friday 0500-2100

Weekends & Holidays 0900-1700

Pool Hours (FALL)

Monday-Friday

Lap Swim 0500-0800 & 1100-1300

Lap & Rec Swim 1500-1900

Weekends & Holidays

Lap & Rec Swim 1200-1700

Fitness Director (361) 516-6802

Gail Marsh

Fitness Coordinator (361) 516-6172

Trisy Stropole

Sports & Aquatics Manager (361) 516-6494

Nick Pena

CFL Coordinator (361) 516-4369

Oscar Salazar

COMMUNITY RECREATION

(361) 516-6449

Fax Line (361) 516-6787

Tuesday-Friday 0900-1730

Saturday 0900-1300

Sunday-Monday CLOSED

Community Recreation Manager (361) 516-6027

Melodie Hernandez

Fax Line (361) 516-4775

Auto Skills (361) 516-6248

Tuesday/Wednesday/Friday 0900-1730

Thursday 0900-1400

Saturday 0900-1700

Sunday-Monday CLOSED

Auto Skills Manager (361) 516-6248

Ben Fruge

Navy Getaways (361) 516-6191

Duty Phone (361) 675-0122

STATION LIBRARY

(361) 516-6271

Fax Line (361) 516-6971

Monday-Friday 1030-1430 & 1500-1900

Weekends & Holidays CLOSED

Librarian

Vickie Jacobson

LIBERTY CENTER

(361) 516-4386

Monday-Thursday 1100-2100

Friday-Saturday 1100-2300

Sunday 1100-2000

Holidays 1100-1900

Liberty Center & Special Events Manager

Earl Olsen

JAN 2019

SUN	MON	TUE	WED	THU	FRI	SAT
		01	02	03	04	05
		Happy New Year!	• Swale Program Begins	• Book Club Meeting • Poker Night		
06	07	08	09	10	11	12
		• Young Scientists		• Bingo Night	• Movie Under the Stars	• New Year Basketball Jam
13	14	15	16	17	18	19
	• Captain's Cup Basketball Coaches Meeting	• Young Scientists	• Captain's Cup Basketball League Starts	• Bear Hugs Day • Trivia On Tap	• Teens Trips & Tours	
20	21	22	23	24	25	26
	• Martin Luther King Day	• Winners on Weights Assessment • Homeschooler's Meeting • Young Scientists				
27	28	29	30	31		
		• Young Scientists • Crafts & Cocktails: String Art				





Santiago Fitness Center is a 25,695 square foot building that includes a weight/cardio floor, group fitness room, classroom, 2 racquetball courts, basketball court with volleyball options, family fitness area, 3 family restrooms and a men's and women's locker room. A boxing room with a heavy bag, speed bag and pull-up bars are being installed.

Weight room has both selectorized and plate loaded machines, dumbbells 5 to-125 pounds, kettle bells, and barbells. Cardio equipment includes treadmills, upright cycles, step mill, rowers, recumbent cycle, Versa climber ski machine, assault air cycles, steppers, ellipticals and Arc trainers. The group fitness room is fully equipped for all formats including spinning. The classroom is used for various training workshops including Mission Nutrition, Command Fitness Leader Certification Classes, NOFFS Workshops, First Aide/CPR/AED classes and social gatherings. The racquetball courts can convert to Wallyball courts. The cardio/family area has a play area for small children. The basketball court can convert into 2 smaller courts or 2 volleyball courts.

The outside facilities include a year round, heated, 25 meter pool, a lighted Astro-turf multipurpose field for football and soccer, a softball field, TRX frame and a running track. Two tennis courts and outside basketball court are located on base. The Sims Family Fitness Trail is a 1.5 mile trail with nine fitness equipment stations located near the front gate.

EVENTS

January Jam 12 JAN • 1000-1400

Free throw, 3 point contest, Half Court Chuck & 3 on 3.

Captain's Cup Basketball League Registration 2-11 JAN; Captain's Meeting 14 JAN @ 1700; Games Begin 16 JAN

Open to military, military dependents (18+), DoD/NAF & full time contractors. \$20/individual or \$200/team. Active Duty & Reserves are free.


Winners On Weights An 8 week program starting 28 JAN

Three sessions to choose from: Monday/Wednesday @ 0600; Tuesday/Thursday @ 0600 or Tuesday/Thursday @ 1700. Small group training class for the beginning lifter to acquaint them with weight room and basic technique and theory. Must register by 18 JAN. \$30 fee per patron with t-shirt upon completion. Only 5 spots available per session. An optional fitness testing to establish your baseline will be held 22-25 JAN.



**A HAPPY
NEW YEAR**

**Santiago Fitness Center
January 2019
Group Exercise Schedule**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Facility closed January 1, 2019 New Year's Day	2 0700 Command PT 1200-1245 Command FEP 1900-2000 Yoga	3 1200-1245 Command FEP 1800-1900 Boot Camp	4 0615-0700 Water Challenge (IN CASE OF BAD WEATHER, A CLASS WILL BE HELD INDOORS)	5
6	7 0615-0700 Outdoor Fitness (BAD WEATHER, CLASS HELD INDOORS) 0900-0930 Basic Interval (jump rope & step) 1200-1245 Command FEP 1900-2000 Yoga	8 0615-0645 Basic Interval (jump rope & step) 1200-1245 Command FEP 1800-1900 Boot Camp	9 0615-0700 Cycle 0700 Command PT 0900-0930 Cycle Express 1200-1245 Command FEP 1900-2000 Yoga	10 0615-0700 Cardio Dance 1200-1245 Command FEP 1800-1900 Boot Camp	11 0615-0700 Water Challenge (IN CASE OF BAD WEATHER, A CLASS WILL BE HELD INDOORS)	12
13	14 0615-0700 Outdoor Fitness (BAD WEATHER, CLASS HELD INDOORS) 0900-0930 Basic Interval (jump rope & step) 1200-1245 Command FEP 1900-2000 Yoga	15 0615-0645 Basic Interval (jump rope & step) 1200-1245 Command FEP 1800-1900 Boot Camp	16 0615-0700 Cycle 0700 Command PT 0900-0930 Cycle Express 1200-1245 Command FEP 1900-2000 Yoga	17 0615-0700 Cardio Dance 1200-1245 Command FEP 1800-1900 Boot Camp	18 0615-0700 Water Challenge (IN CASE OF BAD WEATHER, A CLASS WILL BE HELD INDOORS)	19
20	21 Holiday Hours 0900-1700 Classes will not be held for the day	22 0615-0645 Basic Interval (jump rope & step) 1200-1245 Command FEP 1800-1900 Boot Camp	23 0615-0700 Cycle 0700 Command PT 0900-0930 Cycle Express 1200-1245 Command FEP 1900-2000 Yoga	24 0615-0700 Cardio Dance 1200-1245 Command FEP 1800-1900 Boot Camp	25 0615-0700 Water Challenge (IN CASE OF BAD WEATHER, A CLASS WILL BE HELD INDOORS)	26
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COMMUNITY RECREATION

The Community Recreation department of MWR provides a variety of recreational programs and services in the areas of outdoor recreation, community events, and discount tickets to attractions, vacation bookings, leisure skills development, recreation equipment rentals, parks and picnic areas and information and referrals to a variety of recreational offerings in the South Texas area.

Services Offered

- Discounted tickets to local Theme Parks (Six Flags Fiesta Texas, Sea World San Antonio, Schlitterbahn)
- Popular Florida Attractions (Universal Orlando, Disney World, Legoland, Sea World, Crayola Experience)
- Equipment Rentals (Hobie fishing kayak, surfboard, bounce houses, power tiller, generator, tables, and chairs)
- Community Events (Movie under the Stars, Paint-n-Sip, Oktoberfest, Day trips South Texas attractions)

Travel Accommodations

The Ticket and Travel Department agents may assist you with tours, cruises, vacation packages such as Walt Disney, Universal Studios, Sandals, and Carnival to name a few! For travel, agents may book air/car/hotel packages together or separate. Please allow three to seven business days to process the quote. To speak with a travel agent in person, please call or email to make an appointment. Appointments are Tuesday - Friday 0900-1600 and Saturday 0900 – 1200. Call 361-516-6449 or e-mail **CommunityRecreationNask@gmail.com** to make an appointment.

Active Duty Military, Retired, Dependents, DoD civilians, and all MWR authorized patrons can purchase tickets. Cash, VISA, MasterCard, American Express and Discover are accepted. Prices and discounts are subject to change without notice.

EVENTS

Poker Night 03 JAN • 1900-2100

Show us your best hand! Chips and cards provided. Held at the No-Fly Zone.

(continued on next page)



(Events continued)

Bingo Night 10 JAN • 1900-2000

Free admission! Held at the No-Fly Zone.

Movie Under The Stars 11 JAN • 2000-2200

Join us for this Adults Only viewing of A Star is Born (rated R) in the No-Fly Zone! Complimentary popcorn. For any questions, please call Community Recreation.

Trivia On Tap 17 JAN • 1900-2200

Free event! Test your wits solo or get a team together. Held at the No-Fly Zone.

Crafts & Cocktails: String Art 29 JAN • 1900-2100

We'll have several designs for you to choose from to make your own string art to take home! All materials included. Register at Community Recreation by COB 26 JAN 2019.



The Liberty Program has numerous activities to do for any type of interest. Here are some of the services that the program provides: PlayStation 4 systems, Wii systems, X-Box ONE systems, new movies every month to view with our NMPS system, free pool tables, free Wi-Fi, free internet access, ping pong, foosball, and air hockey tables. We also have interactive activities like basketball hoops and sumo wrestling. These are but a few of the many activities the Liberty Program has to offer.

Pool Tournament every Tuesday Night

Come join the Liberty Program every Tuesday night at 1800 for our 8 Ball pool tournaments. First place winner will win a \$10.00 gift card from Wal-Mart. This program is open to Active Duty, Active Reserves and National Guard Members. The cost of this tournament is FREE, sign-ups start at 1100 the day of the tournament FMI 1-3768.

Movie and Popcorn every Wednesday Night

Come join the Liberty Program every Wednesday night to watch a new movie and enjoy some popcorn, movie starts at 1800. This program is open to Active Duty, Active Reserves and National Guard Members. The cost is FREE, FMI 516-4386.

XBOX ONE Tournament every Thursday Night

Come join the Liberty Program every Thursday night at 1800 for our XBOX 360 tournament, first place winner will win a \$10.00 gift card from Wal-Mart. This program is open to Active Duty, Active Reserves and National Guard Members. The cost of this tournament is FREE, sign-ups start at 1100 the day of the tournament FMI 516-4386.

Texas Holdem Tournament every Friday Night

Come join the Liberty Program every Friday night at 1800 for our Texas hold'em tournament, first place winner will win a \$10.00 gift card from Wal-Mart. This program is open to Active Duty, Active Reserves and National Guard Members. The cost of this tournament is FREE, sign-ups start at 1100 the day of the tournament FMI 516-4386.

LAST BUCK PIZZA AT THE BARACKS

Down to your last dime? Come to the Barracks on January 14th and 29th, for some pizza. The Liberty Staff wants you to come and join us @ 1400 for some food and drinks for FREE!! This event is FREE and open to Active Duty, Active Reserves, and National Guard members. First come, First Serve. FMI 516-4386.



The library has a large selection of books, especially on military history. There is also a DVD and audiobook section. We have best selling books and a large children's section. The library has a computer and Wi-Fi for patrons' use along with printers, copier, and scanner. Programs, i.e. story times, prize drawings, etc. happen every month.

To visit the Navy MWR Digital Library, please go to <https://www.navymwrdigitallibrary.org/>

EVENTS

Book Club 03 JAN • 1800

The Station Library will be having a meeting for anyone who'd like to start a book discussion group. Refreshments will be provided.

Young Scientists Every Tuesday • 1630-1730

Open to NASC Dependents ages 8-12. Meet at the Station Library for STEM projects!

Bear Hugs Day 17 JAN • 1030-1130

In honor of A. A. Milne, the author of the Winnie the Pooh stories, the Station Library will have a story time, treats & a craft. This year we're also going to celebrate other well known bears like Paddington & Corduroy! Bring your favorite teddy for a special prize!

Home Schoolers Meeting 22 JAN • 1030

The Station Library will have their annual Home Schoolers Meeting. There will be refreshments & door prizes. Children are also invited. Please call for more information.



CHILD & YOUTH PROGRAMS

The **Child Development Center** (CDC) is designed to meet the individual developmental needs of military children by offering quality child care. The CDC provides low adult-to-child ratios that support quality experiences for young children; onsite. The CDC supports parent involvement and works with a team of professionals to ensure the inclusion of all children. All Navy operated programs use The Creative Curriculum, a standard curriculum model designed to support individualized planning for children while guiding their learning as meaningful and purposeful experiences. This research-based curriculum approach fosters early brain development and school success thus providing continuity for military families adapting to frequent moves between installations. The CDC offers full day care for children 6 weeks to 5 years old. Staff work in partnership with parents to meet each individual child's needs in a safe, healthy and nurturing environment. Hourly care is available.

The **Youth Center** has a variety of things to do to help meet everyone's interests from kindergarten through age 12. Patrons can participate in arts & crafts, music, drama, science & technology, reading, and sports & fitness. When the weather allows the children will go outside and play on the large playground structure or they can try ride bikes, work in the garden, or participate in group games.

The Child & Youth Program also offers special programs for youth ages 13-18. Our **Teens Trips & Tours** program meets 1-2 Saturdays a month and participates in various activities such as going to see a movie, eating out, or going to a water/theme park.

Helpful Link

<https://militarychildcare.com/>

This is our website so that parents can get on the waiting list for military child care.

The **School Liaison Officer** (SLO) serves as the communications link between military families with school-aged children, the command, and local school districts. As the "point person" for educational issues, the SLO is here to assist military families in addressing school-related issues.

Whether you are part of the Navy or some other branch of service, active duty or reservist, living on base or in the community, the SLO is here to ensure that your child has access to the full range of services available in the local public schools. In addition to providing information about local public schools, the SLO also works to assist families who choose educational alternatives such as homeschool, private or parochial schools,



CHILD & YOUTH PROGRAMS

independent study, or online programs.

The local school district has worked diligently to assist military families as they transfer to this area. Most of your questions can be answered by local school administrators and/or office staff. The links to the local schools have been provided to assist you in making important decisions about your child's education. However, should you find that the information does not address an issue that is specific to your family, please do not hesitate to contact your SLO for assistance.

EVENTS

Teens Trips & Tours 18 JAN • 1200-1800

Trip to La Palmera Mall & Dave & Busters. Open to NASK Dependents (Active Duty, Reserves, Retired, NAF/DoD, Contractors) ages 13-18. Money required for shopping, lunch & games. Register at 361-516-6718 by COB 16 JAN.



The Stars and Strikes Bowling Center was constructed in 2014, opening on December 5th. This state-of-the-art bowling alley boasts 12 lanes, flat screen tv monitors, plush seating and even cosmic bowling! Our prices can't be beaten by any other bowling alley in the Coastal Bend, and you won't find anywhere else near as nice. Great for parties, league bowling, or just casual recreation.

Our Prices

Open Bowling Monday-Friday 1100-1700: \$3.00/game

Open Bowling Monday-Friday 1700-2300: \$4.00/game

Open Bowling Saturday All Day: \$3.00/game

Retirees/Senior Citizens: \$2.50/game (shoes included)

Active Duty: \$2.00/game (shoes included)

Bowling League: \$6.75 for 3 games

Birthday Parties/Special Groups (Schools/Church etc): \$2.75 per child per game (shoes included)

Shoe Rental: \$2.00

Free Lunchtime Bowling!

Monday-Friday 1100-1300 with proof of purchase of Value Combo from Spinz.

AUTO SKILLS

- ♦ Vehicle Storage
- ♦ Texas State Inspections
- ♦ Repair Bays
- ♦ Battery Charging
- ♦ Hands on Assistance
- ♦ Tool Rental
- ♦ ASE-certified G1 mechanic
- ♦ Frame Lifts



361-516-6248

Bldg 3783
by the car
wash

Tue/Wed: 0900-1730
Thurs: 0900-1400
Fri: 0900-1730
Sat: 0900-1700
Sun-Mon: Closed





Bark Park

located west of the football field

For more info, call CommRec 361-516-6449.

BOOT CAMP

Tuesdays & Thursdays
1800-1900
Santiago Fitness Center
Football Field



**FREE FOR ELIGIBLE PATRONS
AGES 14+**

FOR INFO CALL 361-516-6171





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NAS KINGSVILLE



Captain's Club Shuttle

Providing a safe mode of transportation for NASK & Tenant Command personnel to the Captain's Club.

See pick up and drop off routes on our website.

WWW.NAVYMWRKINGSVILLE.COM/SHUTTLE

NAS Kingsville Skeet & Trap Field

Open 1st & 3rd Saturday of each month at 0930



For more info, call
361-516-6449



YOGA



1900-2000
Mondays & Wednesdays
Santiago Fitness Center

FREE Class open to eligible patrons ages 12+
Bring Your Own Mat



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